## A. Basic underlying MR safety principles

- 1. Three magnetic fields
  - a) B0/static magnetic field/main magnetic field
    - (1) Core concepts
    - (2) Quantities and units
      - (a) Gauss lines
      - (b) Static magnetic field map/fringe field
    - (3) Biological effects
      - (a) Magnetophosphenes
      - (b) Magnetohydrodynamic effect
      - (c) ECG perturbations
      - (d) Movement through static field
        - (i) Vertigo, dizziness, nausea, nystagmus
    - (4) Mechanical forces
      - (a) Translational forces (missile effect)
        - (i) Magnetic spatial gradient exposure (dB/dx)
        - (ii) Static field exposure FDA age limits
        - (iii) Location of maximum translational force
        - (iv) Force product
      - (b) Rotational forces (Torque)
        - (i) Location ox maximum rotational force
        - (ii) Field orientation
          - (a) Horizontal
          - (b) Vertical
      - (c) Lenz Forces
        - (i) Dependence on:
          - (a) Static field B0
          - (b) Size of conductor
          - (c) Orientation of conductor
          - (d) Speed of motion of conductor
          - (e) Conductivity of metal
        - (ii) Implants/devices
    - (5) Magnetic properties of matter
  - b) Radiofrequency magnetic field
    - (1) Core concepts
      - (a) Faraday's Law of Induction
      - (b) E-field

- (c) Near and far field
- (d) Tissue properties
  - (i) Conductivity
  - (ii) Dielectric constant
- (2) Quantities and units
- (3) Biological effects
  - (a) Potential thermal concerns
    - (i) SAR and energy deposited
      - (a) SAR modes
        - (i) Normal
        - (ii) First level controlled
        - (iii) Second level controlled
    - (ii) B1+rms
    - (iii) Rate of exposure
    - (iv) Route of exposure
    - (v) Transmitting RF coil
      - (a) Proximity of patient issue/device to transmitting RF coil
      - (b) Induced current loop
      - (c) Orientation of induced current loop relative to transmitted RF power
      - (d) Induced voltages/currents
        - (i) Leads, wires, devices with sharp edges/point
        - (ii) Field strength/transmitted RF wavelength relative to object
        - (iii) 'Hot spots"
        - (iv) Resonant conditional/critical length relationship to field strength/frequency
      - (e) Presence/absence of heat sink
      - (f) Use of padding/insulation
        - (i) Between patient and bore
        - (ii) Skin to skin contact large caliber induced loops
- (4) Mechanical forces
- c) Time-varying Gradient Magnetic Field
  - (1) Core concepts
  - (2) Quantities and units

- (3) Biological effects
  - (a) Acoustic/auditory considerations
  - (b) Direct neuromuscular stimulation potential
  - (c) Movement/motion within the static magnetic field
- (4) Mechanical forces
- 2. Gadolinium based contrast agents (GBCA)
  - a) Short term adverse effects
    - (1) Non-allergic type: nausea, emesis, headache, local injection site adverse reactions, etc.
    - (2) Allergic type: hives, sneezing, swelling, etc.
    - (3) Anaphylaxis/anaphylactoid reactions
    - (4) Risk assessment
      - (a) Previous adverse event with GBCA
      - (b) Previous adverse event with iodinated agents
      - (c) History of allergies of allergic respiratory disorders
  - b) Long term effects
    - (1) Nephrogenic Systemic Fibrosis
    - (2) Retained gadolinium
    - (3) Anthropogenic gadolinium
- 3. Cryogen safety considerations
  - a) Quench vent pathway considerations
  - b) Hypothermia
  - c) Frostbite
  - d) Asphyxia
  - e) Explosive risk
  - f) Flammable risk
  - g) Pressure-related risk quench vent pathway failure
    - (1) Ruptured eardrums
    - (2) Pressure "locking" of doors/access
- 4. Claustrophobia/Anxiety
- 5. Monitoring
  - a) MR environment effects on ability to accurately monitor
  - b) Effects of the monitoring device(s) on MR imaging/artifacts
  - c)

- 6. General implant/device safety considerations
  - a) Maximum spatial gradient
    - (1) Clinical application and decision making
    - (2) Location of system maximum spatial gradient
  - b) Thermal
    - (1) Clinical application and decision making
  - c) Induced voltages
- 7. Specific implant/device safety considerations
  - a) Patient implant/devices
    - (1) Ferromagnetic risk
      - (a) Magnetic implants dental, breast implants, ICP monitors, etc.
      - (b) Intraocular or adjacent to other critical tissue/organs
      - (c) Artifact considerations
    - (2) Active implants/devices
      - (a) Multiple active implants
      - (b) MR fields interfering with implanted device function
      - (c) Pacemakers
        - (i) Legacy devices, one or more leads
        - (ii) Newer intracardiac devices, leadless
      - (d) ICD's
      - (e) Neurostimulators
      - (f) Deep brain stimulators
      - (g) Bone growth stimulators
    - (3) Passive implants/devices
      - (a) Wires/leads/sutures
      - (b) Foreign bodies
        - (i) Bullets, shrapnel, BB's, etc.
      - (c) Foil backed medication patches
      - (d) Multiple adjacent or contiguous implants
        - (i) Skin staples, multiple dermal anchors, piercings
  - b) Healthcare worker implants
  - c) Device labeling and proper use of terminology
    - (1) MR Safe
    - (2) MR Unsafe
    - (3) MR Conditional

- 8. Pregnancy-related MR safety considerations
  - a) Patient pregnancy consideration
    - (1) Contrast-related
    - (2) Not contrast-related
  - b) Healthcare worker pregnancy considerations
- 9. Non-MR personnel in the MR environment
  - a) Anesthesiology
  - b) Referring physicians
  - c) Nursing
  - d) Respiratory
  - e) Patient transport
  - f) Security
  - g) Environmental Services
  - h) Facilities
  - i) First responders
  - j) Accompanying family/friends/guardians
  - k) Prisoners/Law Enforcement
    - (1) House arrest bracelet
    - (2) Handcuffs, other restraining devices
- 10. Screening considerations
  - a) Standardization
    - (1) Emergent Unconscious
    - (2) Non-Emergent Conscious
  - b) Ferromagnetic detection (FMD)
    - (1) Metal detector technology as compared to FMD technology
    - (2) Ferrous-free staff
  - c) Gowning considerations
    - (1) Decreased risks from ferromagnetic and thermal concerns
      - (a) Patient
      - (b) Accompanying family
      - (c) Healthcare Personnel
- 11. Medical emergencies in the MRI environment
  - a) Quench
  - b) Code
    - (1) Designated area

- (a) Location
- (b) Events/steps to execute
- 12. 4 Zone concept
  - a) Site access restriction for:
    - (1) Staff/patients/family members
    - (2) Ferrous devices/objects
      - (a) Ancillary equipment in Zone IV
  - b) Site access restrictions
    - (1) MR magnet room
    - (2) Quench vent exhaust port
  - c) Signage
    - (1) Relative to the MR magnet room
    - (2) Relative to the quench vent exhaust port
  - d) Authority and responsibility for enforcement
- 13. Infection control
  - a) Cleaning between patients
- B. Medicolegal implications in MR safety
  - 1. Legal foundation and building blocks
    - a) Standard of care
      - (1) Expectation of how another similarly trained individual would have behave in the same clinical situation
      - (2) Defined by the patient's expectation
    - b) Medical malpractice
      - (1) Breach of standard of care = negligence
      - (2) Breath of the standard of care was a proximate cause of an injury
    - c) "Captain of the ship" doctrine for medical malpractice in the U.S.
    - d) There can be multiple parties responsible /liable for an injury
    - e) Vicarious liability
      - (1) NOT determined by who hires/fires the employee
      - (2) Vicarious actions and liabilities